

HOLY CROSS ORTHODOX CHURCH

THROUGH THE CROSS JOY HAS COME INTO ALL THE WORLD

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NOTES FROM:

THE MEANING OF GREAT LENT BY ARCHBISHOP KALLISTOS WARE, IN THE LENTEN TRIODION

Each year I send out a link to the article "The Meaning of Great Lent" by Metropolitan Kallistos Ware. It is an excellent article and one I recommend everyone read each year.

I came across a great list of notes that summarize his article from a nun, Mother Paula. It is a nice recap of what our lenten focus should be. In this day and age of information at our fingertips, it is nice to see a focused and concise list to guide us in our Lenten effort.

Father Christopher.

- + The primary aim of fasting is to make us conscious of our dependence upon God. True fasting is to be converted in heart and will, it is to return to God!
- + Fasting MUST be combined with prayer and almsgiving (love, works of compassion, forgiveness).
- + Almsgiving can be giving money, time and especially giving a part of ourselves!
- + Fasting is not just about food and meals. (DO'S AND DON'TS). We need to fast with our mouths, ears, eyes, feet, hands and all members of the body.
- + Our fasting should not be self-willed but obedient. Receiving advice and counsel from the Church, our priests and spiritual mothers and fathers can help

guide us to what is best for us.

- + Great Lent is a time of joy-creating sorrow.
- + The purpose of fasting is to cleanse OUR WILL.
- + While preparing for Lent it is good to have a sense of eager expectation, intense desire to see OUR LORD, a desire for a clearer vision of God.

+ If there is no eager expectation, no sincere desire, we shall see and receive NOTHING!

+ Ask yourself, what is my state of mind and will as I prepare to start this journey?

+ Repentance comes from the Greek word *metanoia*, which means change of mind.

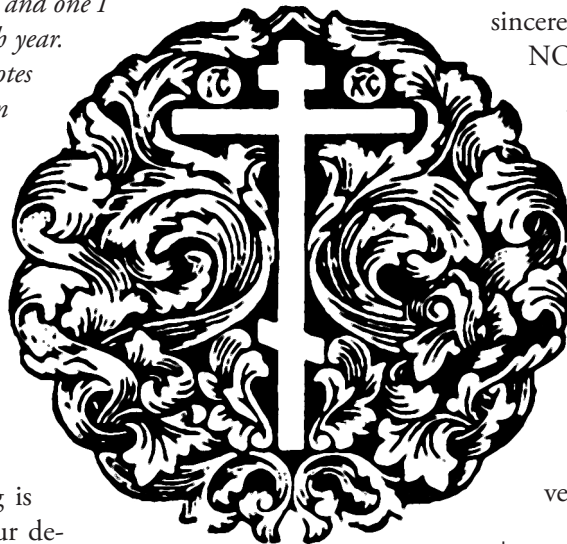
+ The Great Fast is a preparation for the Second Coming of Christ, for the eternal Passover in the Age to Come.

+ There can be no true fast, no genuine repentance, no reconciliation with God UNLESS we are at the same time reconciled with one another. (FORGIVENESS)

+ We do not travel the road of Lent as isolated individuals but as members of a family. Our asceticism and fasting should not separate us from our fellow men but LINK US to them with ever stronger bonds.

+ The Church encourages us to pray, read the Holy Scriptures, (see Lectionary/calendar), and attend the many Lenten services to help us along the way.

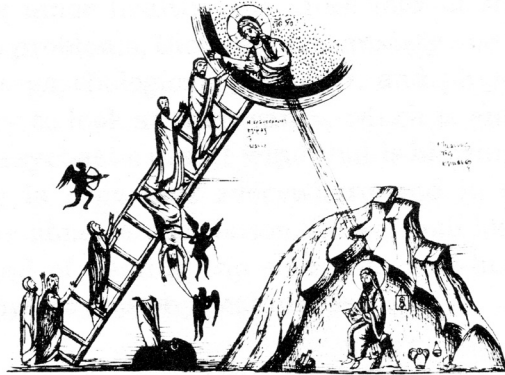
+ May we come uncondemned to worship at the Holy Resurrection!





Behold, the time of light has come, the holy day shines upon us. Flee from thy dark passions, O my soul, and welcome the dawn that leads thee to the light; make glad by drinking the wine of compunction, and hate the drunkenness of pleasure.

*Lenten Triodion: Matins,
Friday of cheesefare week*



FINANCIAL SUMMARY

When reviewing the budget for Holy Cross, we can compare where we are now with one or a couple of years ago. As a parish we should take joy that we have been blessed to grow a bit each year for the last 11 years. We ended 2017 on a good note of being able to save about \$28,000 in addition the the monies specifically donated to Raising the Cross. We want to bring in about \$145,000 in Stewardship this year and we look forward to ending 2018 with as much success.

ANNOUNCEMENTS

Moleben on our property: We will continue serving a weekly short prayer service on our property in Kernersville. This is a service of supplication (Molieben) that Archbishop Dimitri of blessed memory blessed for the use of parishes in the diocese. Fr. Christopher will be serving it on Friday mornings at 10 AM except where noted in the calendar. Our property is located at 1320 Masten Drive in Kernersville.

Sisterhood of the Holy Myrrbearers: There will be no Sisterhood meeting this month.

Men's Group: The Men's Group will consist of providing Coffee Hour food and service on Meatfare Sunday.

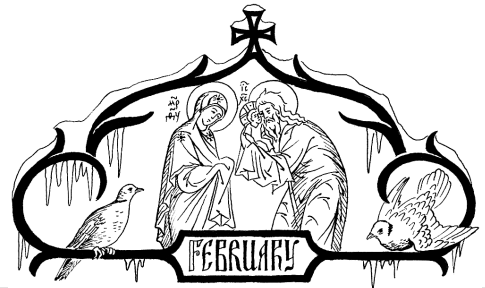
Order Gift Cards Through Holy Cross! Scrip cards are available from hundreds of retailers and don't cost any more than the face value of the gift card. It's a "free" fundraiser to benefit the Holy Cross building fund! Contact Karen Brudnak-Slate.



O Word supreme in love, who with the Father and the Spirit hast created all things visible and invisible in Thy wisdom past speech, grant in Thy compassion that we may spend the season of the joyful Fast in profound peace. Destroy the beguilement of bitter sin, granting us contrition, tears of healing, and forgiveness of our trespasses, that, fasting with a fervent spirit and undoubting soul, we may join the angels to sing the praises of Thy power.

Lenten Triodion: Matins, Tuesday in cheesefare week

HOLY CROSS ORTHODOX CHURCH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6:30PM Great Vespers	2 MEET-ING of our Lord 8AM Divine Liturgy. NO Prayers at the Property	3 4:30PM Inquirers' class 6 PM Great Vespers
4 Prodigal Son 9AM Church School 9:40AM Hours 10AM Divine Liturgy	5	6 7:30PM Choir Rehearsal	7	8	9 10AM Prayers at the Property	10 4:30PM Inquirers' class 6 PM Great Vespers
11 Last Judgment - Meatfare 9AM Church School 9:40AM Hours 10AM Divine Liturgy 1 PM Annual Meeting	12 Cheesefare	13 Cheesefare	14 Cheesefare	15 Cheesefare 6:30PM Parish Council	16 Cheesefare 10AM Prayers at the Property	17 Cheesefare 4:30PM Inquirers' class 6 PM Vespers
18 Forgiveness Sunday Cheesefare 9AM Church School 9:40AM Hours 10AM Divine Liturgy 12:30PM Forgiveness Vespers	19 Lent 6:30PM Compline with the Canon of Saint Andrew of Crete	20 Lent 6:30PM Compline with the Canon of Saint Andrew of Crete	21 Lent 6:10PM 9th Hour, Typika 6:30PM Presanctified Liturgy 8PM Lenten Potluck	22 Lent 6:30PM Compline with the Canon of Saint Andrew of Crete	23 Lent 10AM Prayers at the Property 5 PM Open Door	24 Lent 4:30PM Catechism Class 6 PM Vespers
25 Orthodoxy Lent 9AM Church School 9:40AM Hours 10AM Divine Liturgy 7PM OCAT House Meeting	26 Lent	27 Lent	28 Lent 6:10PM 9th Hour, Typika 6:30PM Presanctified Liturgy 8PM Lenten Potluck			

In thine idleness, my soul, why art thou become a slave of sin? And in thy sickness why dost thou not run to the physician? Behold, now is the accepted time; behold, now is the true day of salvation. Rise up and wash thy face with tears of repentance, and make thy lamp burn brightly with the oil of good deeds, so that Christ our God may grant thee cleansing and great mercy.

Lenten Triodion: Matins, Tuesday in the 2nd week.